

Guidelines Sheet for A Good News in Action Mission Trip to San Pedro Sula Honduras



This guidelines sheet has been specifically designed for you, a person who is either considering a GNIA trip to San Pedro Sula, Honduras, or has already signed up for a trip. Please read this document all the way to the end. It is designed to prepare you and answer all your questions. Thank you in advance and we hope to see you very soon!

All the Facts:

- 1. Where is San Pedro Sula, Honduras located and what is some helpful information about it?** San Pedro Sula is in the northwest corner of Honduras very close to the Caribbean Sea. It is the second largest city in Honduras and has a population at just about 1,000,000. The climate is “tropical savannah” which means hot temperatures, humidity, and rainfall year around.
- 2. How will you get to San Pedro Sula, Honduras?** You will fly into the San Pedro Sula International Airport (**SAP**). You will be picked up by bus, van, or car and drive to the hotel. It is about a 40-minute drive. Every individual or team arranges and pays for their own travel itinerary. You will need to send your flight information to GNIA no later than 8 weeks prior to the trip.
- 3. Are there any forms to fill out prior to landing at SPS?** Yes, they are very simple to fill out, simply follow the instructions. The forms are one per family. You are coming to Honduras as a Tourist. You must list where you are staying on the form: **Hotel Casa del Arbol Galerias
Colonia Jardines del Valle 1-Ave. 32 Cll. N.O., San Pedro Sula CT 1100, Honduras**



Also, prior to your trip, please fill out your customs form online: [PECH - Plataforma Electrónica de Comercio de Honduras \(aduanas.gob.hn\)](https://sisglobal.aduanas.gob.hn/pech/#/plataforma/otra_gestiones/formularioDJRV)

https://sisglobal.aduanas.gob.hn/pech/#/plataforma/otra_gestiones/formularioDJRV

Please be sure to select English.

- 4. What will your airport arrival procedure look like?**
 - De-board plane, follow the crowd to Immigration.
 - Go through the Immigration receiving cubicle one at a time. An Immigration officer will stamp and date your passport.
 - No special Visa is required for a North American to enter Honduras. Declare your status as a “TOURIST”.
 - You should not have to pay anything to enter Honduras.
 - Continue to pick up your luggage.
 - Get in line to clear Customs. (Forewarning: do not bring any fresh food or produce into Honduras, all packaged, processed snacks are fine)
 - To clear Customs, your suitcase will be x-rayed (any fresh food or other non-permitted items will be found and removed)
 - Bag tags are checked randomly, so hang on to your bag tag claims until you have cleared customs.
 - Exit the Building, A Vida Nueva pastor or representative and transportation will be waiting for you outside.
 - You will be taken to the hotel. Check in with passport and credit card in hand. The hotel will charge your credit card for your room upon arrival for your stay.

5. Where will the mission team stay while in San Pedro Sula?

- You will be staying at the “Hotel Galerias” in San Pedro Sula.
- Your hotel reservation will be made by a Good News In Action Representative. We will need your complete Team Roster no later than 8 weeks prior to the trip.
- Please see this web link for a description of the hotel, its amenities, and read the reviews: [Hotel Galerias Hn San Pedro Sula, Cortes, HN - Reservations.com](https://www.reservations.com/hotel/hotel-casa-del-arbol-galerias?rmcid=dsa&utm_source=bing&msclkid=86afb74d40c61f181d31d5ec02a5b01e&utm_medium=cpc&utm_campaign=DSA&utm_term=Hotel&utm_content=All%20Pages)
- Hotel prices per night are about:
USD 65 single, USD 70 double.
USD 80 triple, USD 90 Quad.



All prices include taxes and a delicious buffet breakfast.

https://www.reservations.com/hotel/hotel-casa-del-arbol-galerias?rmcid=dsa&utm_source=bing&msclkid=86afb74d40c61f181d31d5ec02a5b01e&utm_medium=cpc&utm_campaign=DSA&utm_term=Hotel&utm_content=All%20Pages

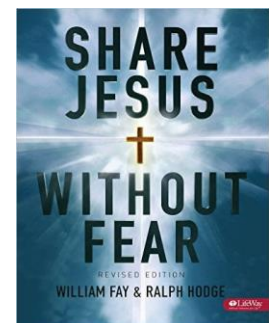
- The price can vary as the exchange rate fluctuates, Lempiras to Dollars.
- A very nice buffet breakfast, located on the first floor, is included in the price. Please request the hours of the buffet breakfast when you check in. Generally speaking, it is from 7 to 10AM
- We will reserve your hotel room and make your reservation for you.
- When you arrive, you can pay for your hotel stay with a credit card. All major Visa and MasterCard cards are accepted. It must be paid in full upon arrival.
- Be sure to advise your credit card company or bank prior to your trip. Failure to advise usually results in denied charges. (Fraud Alert Systems)
- Hotel cancelations must be done at the very latest 48 hours in advance to avoid penalties.
- The hotel has AC, wireless internet, cable TV, and laundry services.
- A Mall (Galerias Mall) with many good food options is located within walking distance as well as a few restaurants, including a 24-hour Denny’s. There is also a grocery store at that same mall. There is a pharmacy, a Circle K, and a Taco Pollo within a very short walking distance from the hotel.
- Be sure you carry Honduran Lempira (or a credit card) with you always, merchants typically do not accept U.S. currency.

6. What do you need to do to be prepared for my mission trip to San Pedro Sula?

All team members **MUST BE** formally trained in Personal Evangelism and highly competent in sharing the gospel utilizing a standardized method, able to lead a person to Christ, and explain the first steps of the New Life in Christ. Please let Good News in Action know what method you will use to train your team.

What are some approved standardized training methods?

- The 3-week training program “Share Jesus Without Fear” (Highly Recommended, purchase individual workbooks through Amazon)
- Evangelism Explosion training program
- The Billy Graham School of Evangelism Online
<https://billygrahamonlinetraining.org/soe/courses/>
- The Four Spiritual Laws and the Roman Road



Approved evangelism tools during the trip include:

- The Wordless Book or Evangelism bracelets or necklaces with the presentation well memorized as well as the verses
- The Big Question Gospel Tract <http://www.goodnewsinaction.org/how-to-become-a-christian/>
- The Evangelism Cube

If there is another tool you would like to use, please consult Steve Kern for approval.



<p>The color GOLD reminds us of Heaven. It also makes us think about God, who lives in Heaven. The Bible teaches us that God made everything, including you and me. What does God see when He looks at you? Does He see somebody who makes Him happy?</p>	<p>Because God can see everything we do, He knows us very well. The Bible says that when God looks at us, He sees that everyone has done bad things. The color BLACK reminds us of these bad things, which God calls sin. Because God is holy, our sin must be judged and paid for.</p>	<p>God loves us so much that He sent Jesus, His only son, to pay for our sin. The color RED reminds us of when Jesus suffered, and bled, and died on a cross for you and me. Jesus then rose from the dead, proving that He has won the battle over sin and death.</p>	<p>WHITE makes us think of things that are clean. The Bible says that we can be clean in God's sight by admitting that we are sinful, turning to God, and putting our trust in Jesus. When we do that, He makes us ready for Heaven, and gives us a brand new life to live for Him.</p>	<p>Living things grow. That's what GREEN reminds us of. God wants us to grow in our new life. One very important way we grow is by reading the Bible. Another is by speaking with God in prayer. God also wants us to grow by helping each other and gathering with other Christians.</p>
GOD	SIN	JESUS	NEW LIFE	GROWTH
<p>God looked down from Heaven upon the children of men, to see if there were any that ... did seek God. <i>Psalm 53:2</i></p>	<p>Every one of them is gone back: they are altogether become filthy; there is none that doeth good, no, not one. <i>Psalm 53:3</i></p>	<p>But God commendeth His love toward us, in that, while we were yet sinners, Christ died for us. <i>Romans 5:8</i></p>	<p>Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be as white as snow. <i>Isaiah 1:18</i></p>	<p>As newborn babes, desire the sincere milk of the word, that ye may grow thereby. <i>1 Peter 2:2</i></p>

7. What is the best way to prepare children and/or preteens for ministry and evangelism?

The best way to prepare children for evangelism is using visual aids such as the gospel bracelet with the yellow, black, red, white, and green beads, the wordless book, or something like the Evangicube. Teach them the basics and encourage them to share the gospel with children their age. There will be many children to reach in both the schools and at the Family Festivals.

8. What else do you need to do to be prepared? Decide if you need any of the recommended vaccines and schedule a doctor appt to receive them.

<https://wwwnc.cdc.gov/travel/destinations/traveler/none/honduras>

- Routine vaccines: MMR, DPT or DT, Chickenpox, Polio and your yearly flu shot.
- Typhoid
- Hepatitis A

9. What does Good News in Action need from you?

We will need your complete team roster & flight information **no later than 8 weeks prior to your trip**. This is so we can make all your arrangements and get prepared for all the logistics on our end. Please send your complete roster** as described below and your complete flight information to goodnewsinactionelsalvador@gmail.com no later than 8 weeks prior to your trip. **You will be provided with an Excel sheet for your roster.

Please include all the following in your roster (there is a column for each item already built into the Excel Sheet):

- The full legal name for every team member as it appears on their valid US passport.
- The team members grouped as they desire to stay in the hotel (single, double, triple or quad rooms)
- The US passport number for each person
- The gender and age for each person
- The relationship among roommates as applicable
- The email address for each team member
- A short list of past mission's experience for each team member
- A notation of any special talent(s) a team member might have such as Spanish, Preaching, Music, Paint Board Presentations, Gospel Dramas, Sports, Medical or Working with Children.
- A notation of any special needs a team member might have such as a handicap or medical concern
- A list of Prescriptions a team member is taking.

10. What are all the costs associated with the trip? (please use this to make your budget)

- Airfare (Variable)
- Hotel Stay (about \$245 per person, double occupancy)
- Lunch and Dinner money (We recommend about \$20-25 per day). Some nights dinner will be at a Mall Food Court and other nights it will be arranged at the hotel.
- Water bottles for the week (\$15)
- Souvenirs (\$30/optional)
- Medical treatment or Medicine in the event someone gets sick (\$50)
- Phone calls to the states (\$10/optional)
- An offering for the church on Sunday (variable/optional)
- One 5-pound bag of your favorite candy to be used in all outreaches that involves children (please bring this with you) (\$10.00)
- One soccer or basketball for schools (deflate and bring please) (\$20.00)
- Family Festival Prizes (optional)
- A logistical fee as follows (\$400.00): (Effective July 1, 2024)

Every team member helps to cover the cost of the logistics for the week. This is **\$400.00 per person**. Please carry this money to San Pedro Sula in cash US Dollars (\$100 and \$50 bills only please all in excellent condition) and turn it in during the initial orientation meeting.

Each team member's fee should be placed in a sealed envelope with that team member's name written on the outside. Please be sure all bills are in excellent condition, no tears, or stains.

The Logistical Fee will help cover all costs related to the outreach week. This includes Gospel tracts, Bible literature, evangelistic stickers, church invitations, follow up cards, vehicles, fuel, transportation, drivers, translators, permissions, fees, flyers, everything related to the family festivals, and much more.

For clarification, if your team is of 10 people, you will bring a total of \$4,000.00 to cover the cost of logistics for your team.

If you need a Contribution Record (Tax Deductible Contribution Statement) for this money, please just ask or write Pam Kern and it will be provided. (goodnewsinactionelsalvador@gmail.com)

Your logistical fee, bag of candy and ball will be collected at the Orientation meeting.

11. What should you pack with you for your trip?

- A Bible or Bilingual New Testament (paperback) (Reina Valera 1960 is what is most commonly used in Spanish)
- pens
- hand sanitizer and/or wipes
- a flashlight
- a hat
- sun block
- insect repellent
- pain reliever
- anti-itch cream
- Imodium in case of diarrhea
- Light weight conservative cotton clothing (no shorts permitted for ministry activities; however, shorts may be worn during non-ministry down times)
- Comfortable closed shoes
- An intestinal infection antibiotic such as Cipro or Bactrim
- Anti-allergy medication
- A poncho or umbrella
- Personal medications

An extra note regarding the Dress Code: we recommend comfortable lightweight cotton clothes for hot humid summer weather. The weather in San Pedro Sula is warm to hot (80's to 90's) and humid (80%) all year around. It is a Tropical Savannah Climate. The temperature year around is relatively high and rainfall is plentiful year around. Men must wear pants; no suits, jackets or ties are necessary for the men at any time. Ladies may wear pants, capris, skirts, or dresses. **No shorts** are allowed for any ministry activity for men or women but may be used during any down time. Also, ladies must not wear spaghetti strap shirts or blouses that show their midsection. Also please no t-shirts that have offensive sayings or graphics.

12. What are some additional resources a team member could bring to help break the ice and share the gospel with more people? (Not obligatory, just ideas in the event the team was interested)

- Family Festival Prizes (from the Dollar Store)
- More Candy or Snack packs
- More Soccer or Basketballs
- Gospel bracelets (colored beads or colored strands)
- Fluorescent bracelets
- Basic Hygiene kits to give away.
- Basic School supply kits to give away.
- Very small little toys for children

13. Will there be an Orientation Meeting for the team once in the country? YES.

This will either take place on Saturday or Sunday. You will receive both the time and location of this meeting prior to your trip. Please bring your \$400 per person logistical fee, your 5-pound bag of candy per person, and your ball to this meeting. They will be collected by the person who leads that meeting. The orientation meeting will be a great opportunity to learn more about your week in San Pedro Sula and a good opportunity to ask any questions you might have.

14. Will there be a devotional time each morning during the week of the trip? YES

A Team Devotional meeting will be held every morning Monday to Friday about an hour before the scheduled departure time from the hotel. A Bible teaching will be shared with the team by a variety of leaders. This meeting will take place on the top floor of the hotel. This will be clearly noted on the calendar you will receive for the week.

15. What is the key word for the mission trip week? FLEXIBILITY

Please understand that flexibility will be very important. Please be willing to “*go with the flow*”. Constant and unexpected change is a common part of Latin American culture and without a doubt will occur during your trip. Activities, times and destinations may change unexpectedly.

16. What does the Basic Schedule for the week look like? (Assuming a Saturday to Saturday schedule)

Saturday: Arrivals, hotel check in, possible orientation meeting.

Sunday: Church at Vida Nueva Pedro Sula, afternoon outreach

Monday-Friday morning: Devotional meeting, morning outreach, possibly in schools utilizing a values lesson

Monday -Friday afternoons: Afternoon-evening outreach, Family Festivals in neighborhoods

Saturday: Departure

You will be provided with a printable calendar of the week a few days prior to your trip. Please be very prompt with all times listed on the schedule. Also, team leaders, when you board the bus or van for transportation to the ministry activities, please count your people. We will ask if all team members are present. It would be very helpful if you can answer this question quickly.

17. What kind of ministry will we be doing while in San Pedro Sula:

Lots of Evangelism: The spreading of the Gospel of Jesus Christ by public preaching or personal witness in a variety of settings including but not limited to parks, neighborhoods, marketplaces, schools, institutions and other places where people are gathered. (You will be provided with a translator.)

In the mornings you might be divided into smaller teams and share in classrooms of different schools. Typically starting with an ice breaker, then give a Values lesson using a Bible story followed by a small group discussion on the topic and a short presentation of the Gospel. You will be provided with the School Lesson prior to your trip and orientation as to how to use it once in the classroom.

In the evenings you will participate in Family Festivals in neighborhoods. First, the team will go door to door throughout the entire neighborhood inviting all the people to come to the event while also sharing the gospel. Everyone will be invited to a central location, usually the community park or central street, where there will be a very large inflatable for the children, also games and prizes for the children, refreshments, music, a gospel drama, and a short-preached gospel message. The idea is to share the gospel one on one with as many people as possible during the entirety of the event. In some neighborhoods we add a Pet Show to the Festival. The community is invited to bring out their pets and have them compete in a fun Show where they can win prizes in up to 4 categories.

18. What are the instructions regarding currency exchange? You will be able to exchange dollars into Lempira on Monday, at the mall, during lunchtime. There are banks and money exchange booths in all the malls. Please be sure you have your physical passport with you when you go to exchange money. Also please be aware that there are limits to how much you can exchange. The limit can be anywhere from \$100 to \$300 per person. The front desk of the hotel is also sometimes able to exchange a very small amount of money, perhaps \$5-\$10. Please do not count on the hotel front desk for any major money exchange. The best policy is to plan on using a credit or debit card for most of your expenses while in Honduras.

19. **At the end of my trip, how will I get back to the airport?** The same transportation you have used all week will be the transportation that takes you back to the airport. Please be sure that you re-confirm your departure time with your trip leaders and request the time that you will be picked up at the hotel to be transported to the airport. Be sure you plan to be at the airport at least 2 hours before your departure time.

20. **Are there any aspects of the Honduran Culture that will naturally provide opportunities to build bridges for sharing the gospel? YES!**

The people of Honduras love to talk and engage in conversation. Many speak English, especially the younger adults and youth. They are, in general, very friendly to foreigners and tourists, generally receptive to the gospel and the Word of God and hold God and Jesus in high position even if they are not saved.

21. **Are there any aspects of the culture that may cause a barrier for the Gospel? YES!**

Since San Pedro Sula is a very large city, everyone is constantly on the rapid move and lives a stressful life, it is a challenge to get them to stop and really consider the depth and breadth of the gospel. Boldness is necessary to be successful. Catholicism and a Good Works mentality is another very serious barrier.

22. **What is the San Pedro Sula church information?**

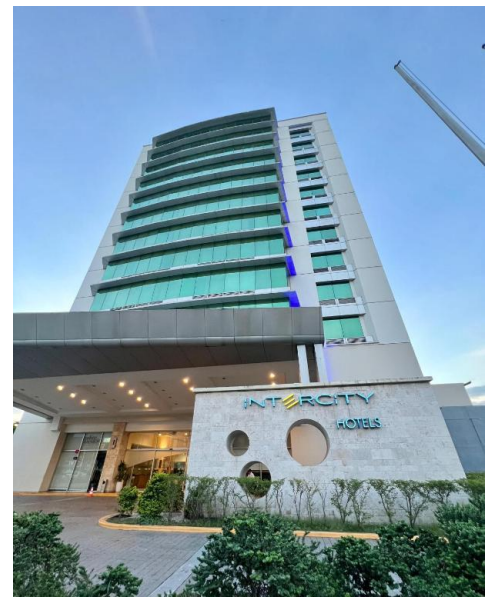
Please use the following link to learn everything you can about Vida Nueva San Pedro Sula and its pastor Jose Valter:

<https://www.goodnewsinaction.org/vida-nueva-san-pedro-sula-honduras>

Vida Nueva San Pedro Sula currently meets every Sunday from 10AM to Noon at the Intercity Hotel, Frente Al Monumento a la Madre, Avenida Circunvalación, San Pedro Sula 21104, Honduras



Please check their Facebook page at: <https://www.facebook.com/ibvnsp/>
The Photo above shows Pastor Jose Valter, his wife, Pei and their children Maria Jose and Daniel.



23. What are some good ways to contact the pastor or hotel in San Pedro Sula where you will be staying?

Pastor Jose Valter: Whatsapp 011 504 3280-9077, ibvn.sanpedrosula@gmail.com

Hotel Galerias 011 (504) 2566-4201, 011 (504) 3262-2272.

reservaciones@hotelgaleriashn.com

You can also contact Steve Kern (Director of Good News in Action) in El Salvador:

goodnewsinactionelsalvador@gmail.com or call him at 1-205-683-4033 (Broad Band Internet Phone in El Salvador that is functional when electricity and internet are functioning)

WhatsApp Steve Kern at 011-503-7605-4531

WhatsApp Pam Kern at 011-503-7748-1295



We are looking forward to seeing you soon. May God Bless you as you prepare for your trip!

If you have any questions, please don't hesitate to write us at goodnewsinactionelsalvador@gmail.com

There are no longer any Covid 19 rules or regulations in the country of Honduras.